

NEWSLETTER



2015 Vol 5 No 2

Letter from the President



I hope everyone is having a wonderful summer!

I'd like to extend my thanks to everyone

who worked on, and all who attended, this year's Saratoga Dental Congress. We had wonderful attendance and received very positive feedback. And, as a reminder, next year's dates are May 5th and 6th, 2016. Be sure to mark your calendar and don't count on the traditional Thursday and Friday of Memorial Day weekend next year!

I also wanted to thank all of our members who reached out to their representatives in the State Legislature regarding bills that will directly affect us as practicing dentists. It is so important that our voices be heard, both through our lobbyists and from us personally. One of these bills would have required an extra

six hours of CE on pain management/opioid prescribing. Through our voices, this bill is undergoing some amendments, one of which would make the course part of the existing sixty hours of CE that we already take. We're hoping, too, to get it amended to only a one-time course versus every three years in conjunction with license renewal. We are also trying to stop a bill that would change the medical and dental malpractice statute of limitations back to a date of discovery rule instead of a fixed two and a half years. If this bill passes, the lawyers will be happy; but when we see changes in our malpractice premiums, we won't be.

I will admit that prior to my involvement with our Fourth District leadership, I would get notifications about changing legislation and complain "what are my dues paying for? Why couldn't we stop this?" and "great, another mandatory course....." Now I know how much our organization does to stop onerous legislation. And, while there may be another

"mandatory course," it is still better than the bills that are proposed in Albany.

In closing, I encourage anyone who has questions or concerns about any district, state or national dental issues to contact us at our Fourth District office. We are lucky to have fantastic resources and great member benefits. And have a great summer!

Dr. Adrienne Korkosz

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Fourth District Dental Society of New York

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Fourth District Dental Society of the State of New York

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This newsletter is the official publication of the Fourth District Dental Society. It is published three times a year: Fall, Winter, Spring/Summer. Unless officially adopted by the Fourth District Dental Society and so indicated, opinions expressed in this publication are not necessarily the views of the association.

Please contact the Fourth District office with changes to your home or office address, phone number, or email.

News Updates:

4th District Annual Golf Outing

The Annual CE and golf outing will take place on Friday, September 11, 2015 at the Hiland Golf Course in Queensbury. The choice of speakers will be Jon Fundingsland of 3M ESPE with *“Techniques and Trends in Dental Materials—A Hands on Approach”* and Mike Juliano of Adirondack Health & Safety with *“OSHA: A Review of OSHA Compliance Standards”*. Both courses will be from 8:30 am -12:15 pm for 4 CEUs, and golf will follow from 1-6 pm. Golfers will receive a boxed lunch prior to golf and there will be raffle prizes and a dinner buffet immediately following golf. Participants may register for CE only, golf only, or for the entire day.

4th District Women Dentist Meeting

On October 1, 2015 a Women Dentist meeting is planned at the Saratoga Golf and Polo Club. Details will follow soon.

4th District Continuing Education Course

On October 9, 2015 the Fourth District Dental Society will hold a CE course at Fort William Henry Resort in Lake George. The course titled *“Restorative Driven Implant Failures”* will be presented by Dr. Alfonso Piñeyro. The course will discuss cement-retained implant restorations and the problems with cement selection, application techniques and implant abutment design. New technologies with respect to abutment modification, prosthetics and instruments for maintenance will be discussed as an alternative to these problems. The course will be for 7 CEUs.

4th District New Dentist Meeting

A New Dentist meeting will be planned for November 2015. Information will be available soon.

ADA Meeting November 5th-8th 2015 in Washington D.C.

This year's ADA meeting will be held November 5-8, 2015 in beautiful Washington D.C. This year's meeting will have over 260 continuing education courses (half of which have no fee) over the four day meeting, including hands on workshops, live patient courses, cadaver courses, the laser pavilion and the Health and Wellness Center. The exhibit hall will have over 500 vendors available for you to review and research the latest dental products and technology. Please plan to attend America's

Saratoga Dental Society Meeting

Dr. Alexander Choe presented his lecture on advancements in periodontics to the Saratoga Dental Society on June 18, 2015 at Prime at Saratoga National Golf Club. The lecture was given on the outdoor patio, and all who attended were treated to an informative and entertaining lecture while enjoying a beautiful view. Dr. Choe's lecture focused on an advancement in grafting called the Vestibular Incision Supraperiosteal Tunnel Access [VISTA] technique, which reduces patient discomfort and healing time while offering superior root coverage. Dr. Alexander Choe specializes in treating gum disease, implant therapy, and periodontal cosmetic surgery. He earned his certificate in Periodontics at the University of Washington in Seattle, his dental degree at the University of California, San Francisco, his Masters of Science in Biomedical Engineering at Columbia University in New York, and his Bachelor of Science at Vanderbilt University in Nashville, Tennessee. Dr. Choe currently practices in Clifton Park.



Dr. Alexander Choe



Dr. Joseph Denning and Dr. Robert Berls



Dr. Mai An Vu and Dr. Francisco Banchs



Dr. Megan Lynch Mayo and Dr. May Huang



Dr. Claire Kiehl and Dr. Mark Bauman

Saratoga Dental Congress

On May 21 and May 22 the 20th Annual Saratoga Dental Congress (SDC) was held in downtown Saratoga Springs. It was a wonderful two days filled with informative lectures and the opportunity for the dental community to gather and exchange ideas. Nationally-renown speaker, Dr. Stanley F. Malamed, gave two presentations: “Emergency Medicine: Back to Basics” and “Local Anesthesia – Dentistry’s Most Important Drugs.” “Emergency Medicine: Back to Basics” was a great reminder of how important emergency preparedness is and could potentially save lives. CPR recertification was a course offered as well, which complemented this lecture nicely.

Dr. Adam Freeman spoke on Forensic Odontology. This is a fascinating branch of dentistry that unfortunately does not get the attention it deserves in our formal dental educations. While many of us may not be involved directly in this field, it reminds us that our dental records could one day be the only way to identify a loved one.

Thomas Viola, Joyce Turcotte and Cathie Collier presented important dental hygiene topics which are such a vital part of all of our general practices.



Dr. Richard Dunham and Dr. Seth Farren



Dr. Megan Curran, Dr. Diana Sandu, Dr. Jaelyn Papa and Dr. Phong Chung



Ms. Lynn Martin, Dr. Kirk Gleason and Dr. Michael Breault (General Chair of the SDC)



Dr. Stanley Malamed and Ms. Lynn Martin

Congratulations SDC Raffle Winners !

Yankees/Mets Tickets—Lindsay Griffo, Rose Micro Solutions

IPad Mini—Sam Nakle, Garfield Refining

One Hour Massage—Sharon Fitch, Clifton Park

Longfellow's \$50 Gift Card—Dr. Jacob Merryman, Queensbury

Old Bryan Inn \$50 Gift Card—Dr. Mary Regal, Schenectady

Mary Kay Cosmetics \$25 Gift Card—Dr. Mary Regal, Schenectady

* The proceeds from the raffle will benefit Dental Life Line Network (dentallifeline.org) *

December 2014 Board Meeting Highlights:

- Dr. Christian Mathiesen reported that the **Council on Peer Review** is looking at standardizing all peer review forms and instituting uniform protocols for non-compliant dentists.
- The **District office moved** to 632 Plank Road, Suite 200, Clifton Park NY 12065

February 2015 Board Meeting Highlights:

- Lynn Martin apprised the board of the recent **computer hacking attack** on a Fourth District member. She contacted the New York State Crime Unit and was told nothing yet has worked on this Eastern European cryptovirus, and that backup systems need to be in place.
- The Medicare Opt In/Opt Out **deadline has been extended** to December 31, 2015
- Dr. Loren Baim briefed the board on the **Upper Hudson meeting**, which was held on February 12, 2015 at the Great Escape Lodge, and attended by thirty seven.
- Dr. Maybelle Hwang is planning the **Women Dentists meeting** for October 1, 2015 at the Saratoga Golf and Polo Club.

March 2015 Board Meeting Highlights:

- Dr. Frederick Wetzel spoke about the potential for **future dental lab regulation** and the necessity for dentists to find out what materials their labs are using and where they are manufactured.
- MLMIC is offering **first-year dentists** a \$50 claims-made policy.
- Dr. Breault spoke about his continuation on the **Dental Quality Alliance** at the ADA and the work being done on measuring performance outcomes primarily for Medicare and Medicaid patients.

April 2015 Board Meeting Highlights:

- Dr. Christian Mathiesen reported that the **Council on Peer Review** determined that cases brought directly to hearing will result in required CE if two cases occur within two years.
- Dr. Jonathan Schutze (**Council on Ethics**) reported that some members who have been expelled for professional misconduct have reapplied for membership.
- At a MLMIC conference attended by Dr. Wetzel, five **recent cyber attacks** in New York State were discussed. It was strongly recommended that backup systems be checked. Insurance policies are available at approximately \$500-\$1,000 per policy.

Dining for Dental Divas

On Friday, May 8, 2015, the Fourth District Dental Society presented its first in a series of cooking demonstrations entitled “Dining for Dental Divas”.

The ADA, particularly through its Council on Membership, has long recognized that in some areas women dentists, and other groups including new dentists, ethnic dentists, foreign-trained dentists, public health dentists and dental school faculty, are underrepresented in the percentage of dentists who are ADA members. The ADA has attempted to address this disparity through its Membership Program for Growth (MPG), where programs and events may receive funds directed towards membership recruitment and retention.

The Fourth District has a high market share for membership, over 82%, and our percentage of women dentists is likewise quite high. However, our district encompasses a very large area with a relatively small number of dentists. We are the third smallest district in New York State in terms of membership. As a result, despite the tremendous growth in the number of women dentists in our area, some women dentists may want more opportunities for networking and becoming involved in dental society activities and leadership positions.

Recognizing this, a number of years ago a meeting was held with our then Executive Director, Ms. Nancy Hess, Dr. May Hwang, and Dr. Mark A. Bauman in order to develop programming for a possible Women Dentist meeting. The first meetings were relatively simple, usually held in a volunteer’s home, with some food and drink provided, with ample

Korean pancake (Panjeon) with shrimp, scallions and kimchi, with dipping sauce

Vietnamese summer rolls, with nuoc mam dipping sauce

Lettuce wraps with stir-fried chicken, hoisin sauce

Korean Japchae, with sweet potato noodles, assorted vegetables and stir-fried sirloin beef

Thai coconut red curry sauce with cod loin

Jasmine rice

Dessert: lychee ice cream with ginger and lime; toast-ed coconut garnish

Tasting of Spanish cava- both brut and rosé, two varieties of Italian prosecco, California brut rosé



Left to right, Dr. Laurie Singh, Dr. Adrienne Korkosz, Dr. Mark Bauman, Dr. Loren Baim, Dr. May Hwang, Dr. Michelle Burlingame, Dr. Bettina Pels-Wetzel and Dr. Christina Cocozzo



Dr. Loren Baim, Dr. Bettina Pels-Wetzel, Dr. Michelle Burlingame, Dr. Christina Cocozzo and Dr. Mark Bauman



Dr. Laurie Singh and Dr. May Hwang



Dr. Bauman making Panjeon



Dr. Michelle Burlingame, Dr. Christina Cocozzo, Dr. Mark Bauman

time for people to interact and socialize. The events became well attended and very popular, and it was felt that a larger, more formal venue was needed. A successful grant application to the ADA's MPG program resulted in several years of funding.

At the end of last year's Women Dentist meeting with a presentation on Celiac Disease, Dr. Mark A. Bauman did a cooking demonstration in which a number of gluten-free dishes were made and sampled. His demonstration sparked requests for more cooking demonstrations on various topics. Our current membership committee, consisting of current Executive Director Ms. Lynn Martin, Dr. Hwang, and Dr. Bauman, together with our immediate Past President, Dr. Loren Baim (our first woman President), and our current President, Dr. Adrienne Korkosz, began to plan the Dining for Dental Divas events. A poll was conducted of the women dentists in the Fourth District to determine interest in such an event, a preferred evening, and possible foods to be presented.

Dr. Hwang graciously offered her home as the first venue and the requested theme was Asian cuisine. Dr. Mark A. Bauman was the guest presenter. A discussion and comparative tasting of sparkling wines was also held. Costs for the food and wine were simply shared by all the participants.

Another demonstration will be planned for the fall, with the topic being Italian cooking, either fresh pasta or gnocchi making. For anyone with interest in attending, the exact date and time have yet to be determined, but it is sure to be another wonderful evening with fine wine, food, and company.



**Fourth District
Dental Society**

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