



Dr. Tracy Nguyen

The Cost of Waiting: Airway Management for all ages

This presentation will provide a basic introduction to sleep related breathing disorders. In the last decade, there have been many advancements in dental intervention strategies for airway management. An evaluation of the airway is of greatest concern when treatment planning worn dentition cases and complex care. This presentation will focus on the soft and hard tissue structures that manage the pharyngeal airway space. Early detection and treatment of childhood breathing problems may reduce craniofacial risk for developing obstructive sleep disordered breathing as an adult. Treatment options should improve the airway space, reduce nasal resistance and create larger oral volume space for the tongue. In the skeletally mature patient, treatment options vary from nonsurgical and surgical options. This presentation will simplify the complexities of airway dysfunction. 6 CEs

Objectives

Recognize the medical and dental signs and symptoms of Obstructive Sleep Disordered Breathing

Become familiar with the different screening methods and be able to incorporate screening in their practices if they choose to do so

Explore diagnostic tools and treatment options based on age

About our Speaker

As a scientific advisor for the renowned Kois Center, Dr. Nguyen is at the forefront of dental education, particularly in the area of airway management and cosmetic dentistry. She combines her extensive expertise to create smiles that not only look beautiful but also enhance breathing and overall health.

Dr. Tracey Nguyen maintains a private practice 30 minutes outside of Washington, DC in Northern Virginia. In 2015, she was accredited by the American Academy of Cosmetic Dentistry. In 2016, she was honored with Top 25 Women in Dentistry by Dental Products Magazine. She lectures on dentistry's role in treating patients with dental malocclusions that are comorbid with airway and sleep issues. As a visiting faculty mentor at Spear Education, she frequently mentors the Airway Workshop by Dr. Jeff Rouse.

