

Fourth District Dental Society
 475 Broadway PO Box 302
 Saratoga Springs, NY 12866
 (518) 371-1114



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4th District 2025 Officers

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 P: 518-371-1114 | F: 518-851-1601
 www.4thdds.org | office@4thdds.org

Hotel Block

HOLIDAY INN \$139 [book link](#)
 SARATOGA COURTYARD \$169 [book link](#)
 SARATOGA HILTON \$239 [book link](#)

Register

- Registration
[Pre-register](#) by credit card or by mailing a check with the course registration form to our district office. Details on our website www.4thdds.org
- Thursday Evening Schedule
 4:00 Check-in & Vendor Exhibit Open
 5:00 4th Member Meeting / Vendor Exhibit
 5:30 Welcome Reception
 6:30 Dinner Lecture & Discussion
- Friday Schedule—full day*
 7:30 Check-in & Vendor Exhibit Open
 8:30 Morning lecture begins
 12:00 Lunch break Exhibition Hall Open
 12:00 - 1:00 Lunch & Learn *free, 1 CE w full day reg.*
 1:00 Afternoon lecture session
 Lite breakfast & lunch included

New York State and the State's Department of Health continue to strongly recommend mask-wearing in all public indoor settings as an added layer of protection. Immunization proof and/ or mask wearing may be required. All conditions subject to change.



Saratoga Dental Congress 2025

Thursday, May 8 4pm –8:30pm

Thursday May 8 Evening 4PM —8:30PM

**** New Format ****

- 4:00 PM Check-in & Vendor Exhibit Open
- 5:00 4th District Member Meeting
- 5:30 Welcome Reception
- 6:30 Dinner Lecture & Discussion

Please join us for this first of its kind Cancer Prevention Summit in NY State uniting three vital health disciplines in the fight against HPV-related cancers. Dentists, Pediatricians and Pharmacists coming together in a collaborative effort to deliver essential cancer prevention education emphasizing that cancer prevention requires teamwork and shared commitment for the health and well-being of our communities.

Friday, May 9 8am—4pm

Friday May 9 8AM—4 PM all day

Dr. Susan McMahon
 A New Generation for Cosmetic Dentistry:
 Delivering the Selfie Ready Smile

Dr. Tracey Nguyen
 The Cost of Waiting:
 Airway Management for all ages

Friday Lunch & Learn *free with full day reg. 1 CE*
 3 20 min. mini hot topics

Friday AM & PM CPR sessions with MedCourse

Saratoga City Center 522 Broadway Saratoga Springs, NY

Thursday MAY 8

The Fourth District is proud to be a partner in this important event

- Includes welcome reception, dinner, 2 CEs Cancer Summit, member meeting & exhibitors
- We have organized excellent hotel room rates for our members: Holiday Inn, Courtyard Saratoga and the Saratoga Hilton so you can attend Thursday's summit, stay and participate in Friday's lectures
- We encourage our North Country, Large Practice, Residents, Newer Dentists as well as all our steadfast & dedicated long standing Members to attend this new format SDC event

Cancer Prevention Summit

Sponsored by



9 to Thrive: HPV Vaccination for Cancer Prevention

2 Live Learning Credits

Almost all sexually active people will be infected with human papillomavirus (HPV) at some time in their lives. If HPV is not eliminated by the immune system it can lead to oropharyngeal, cervical, anal, or genital cancer. Fortunately, there is a vaccine against HPV.

Education Objectives

This course will discuss in detail what HPV is, how it is transmitted and its role in oropharyngeal cancer. The course will then focus on HPV prevention through vaccination **from age 9** and provide tips on how oral health care providers can effectively talk to patients about HPV, oropharyngeal cancer, and vaccination.

Outcomes

At the end of this course, you will be able to:

- Define what HPV is, how it is passed, diagnosed and prevented
- Detail the role of HPV in oropharyngeal cancer
- Describe why HPV vaccination is important for cancer prevention



Instructors



Jana Shaw MD, MPH, MS is a pediatrician and research scientist specializing in infectious diseases, with a focus on vaccine-preventable infections. She serves as a Professor of Pediatrics in the Departments of Pediatrics and Public Health and Preventive Medicine at SUNY Upstate Medical University in Syracuse, New York.

Dr. Shaw is the Hospital Epidemiologist at Upstate Golisano Children's Hospital and the Chief Medical Officer of North Country Family Health Center in Watertown, NY. A graduate of Masaryk University Medical School in Brno, Czech Republic, Dr. Shaw completed her pediatric residency at SUNY Stony Brook, New York, followed by a fellowship in pediatric infectious diseases at Johns Hopkins Hospital. She earned a Master's in Public Health from the Johns Hopkins Bloomberg School of Public Health and a Master's in Science from the Weizmann Institute of Science in Israel. Dr. Shaw's work centers on vaccine hesitancy, advocacy, and leadership to improve vaccination rates among children and adults. Her efforts have made significant contributions to advancing public health and addressing disparities in vaccine access and confidence.



Jennifer Frustino, DDS, PhD, is the Associate Chief of Service of the Department of Dentistry, Oral Oncology and Maxillofacial Prosthetics and Director of Oncology Research at Erie County Medical Center (ECMC) in Buffalo, NY. She is Co-Chair of ECMC's Commission on Cancer Committee and the Chair of the Western NY HPV Vaccination Coalition.

Her areas of expertise include oral medicine; management of dental care to oncology patients; and screening, diagnosis and management of oral cancer and premalignant lesions. She is principal investigator on sponsored clinical trials and NIH/NIDCR funded research. She has an MS in Natural Sciences and a PhD in Cancer Pathology and Prevention from the University at Buffalo Roswell Park Division; a DDS from UB School of Dental Medicine; a Post-doctoral Fellowship in cancer prevention and population sciences and a GPR Certificate in Dental Oncology from Roswell Park Comprehensive Cancer Center.



Christine Ruh, PharmD, BCPS, CSP is the current Assistant Director of Pharmacy at ECMC. She graduated from the University of Rhode Island in 2013. She completed a PGY-1 pharmacy practice residency at the VA Western NY, where she then went on to complete a PGY-2 in Infectious Diseases.

She started out at ECMC as the Infectious Diseases pharmacist for 5 years, where she developed and implemented the ECMC antimicrobial stewardship program. After those 5 years, she transitioned to the Assistant Director of Pharmacy, overseeing the medication and vaccine management in the ambulatory care areas of ECMC to ensure the best patient outcomes.

Friday MAY 9

Dr. Susan McMahon

A New Generation for Cosmetic Dentistry: Delivering the Selfie Ready Smile



Appearance and self-esteem have long been intertwined. So, as our social media and selfie culture continues to grow, it's no surprise that more and more people are seeking out cosmetic dentistry as a way to enhance their appearances. The dental world has taken notice and we need to respond with conservative ways to satisfy our patient's desires for ideal smiles. This course will cover treatments from ultraconservative enamel enhancements and direct composite solutions. Discover the secrets to identifying patient's cosmetic desires, learn new easy but beautiful techniques and learn effective dialogue for case acceptance. Enamel enhancements: Visible White Lesion (VWL) removal, Brown staining removal, Whitening and Whitening Combination treatments. Direct composite bonding. Finishing techniques for beautiful surface texture and anatomy. Diastema Closure. Additive finessing of the smile. Gingival sculpting for framing the smile. Conservative Indirect Ceramics. Applied Smile Design. Combining individual tooth, gingival and global smile treatments. 6 CEs

Objectives

Give confidence to recognize and assess your patients' cosmetic desires. Develop clinical skills for comprehensively diagnosing, preparing, placing and finishing conservative restorations. Attain step by step protocol for applied smile design for combination treatments that boost their confidence and boost your bottom line.

About our Speaker A graduate of the University of Pittsburgh, School of Dental Medicine, Dr. McMahon owns one of the largest cosmetic dental practices in Western Pennsylvania. She is accredited by the American Academy of Cosmetic Dentistry, and an invited Fellow of the prestigious American Society for Dental Aesthetics and a Fellow of the Academy of General Dentistry. An author and internationally recognized lecturer and KOL, Dr. McMahon has devoted her professional career to the pursuit of advanced technologies in cosmetic and minimally invasive dentistry. She is a past clinical instructor in Prosthodontics and Operative Dentistry at the University of Pittsburgh. She frequently lectures across the United States and internationally on minimally invasive dentistry and conservative cosmetic dentistry for teenagers and young adults. She also lectures on incorporating technology and smile design.

*** CPR Friday AM & PM sessions

***Lunch & Learn Friday: 1 CE (free with full day registration)

Dr. Tracey Nguyen

The Cost of Waiting: Airway Management for all ages



This presentation will provide a basic introduction to sleep related breathing disorders. In the last decade, there have been many advancements in dental intervention strategies for airway management. An evaluation of the airway is of greatest concern when treatment planning worn dentition cases and complex care. This presentation will focus on the soft and hard tissue structures that manage the pharyngeal airway space. Early detection and treatment of childhood breathing problems may reduce craniofacial risk for developing obstructive sleep disordered breathing as an adult. Treatment options should improve the airway space, reduce nasal resistance and create larger oral volume space for the tongue. In the skeletally mature patient, treatment options vary from nonsurgical and surgical options. This presentation will simplify the complexities of airway dysfunction. 6 CEs

Objectives:

Recognize the medical and dental signs and symptoms of Obstructive Sleep Disordered Breathing. Become familiar with the different screening methods and be able to incorporate screening in their practices if they choose to do so. Explore diagnostic tools and treatment options based on age.

About our Speaker:

As a scientific advisor for the renowned Kois Center, Dr. Nguyen is at the forefront of dental education, particularly in the area of airway management and cosmetic dentistry. She combines her extensive expertise to create smiles that not only look beautiful but also enhance breathing and overall health. Dr. Tracey Nguyen maintains a private practice 30 minutes outside of Washington, DC in Northern Virginia. In 2015, she was accredited by the American Academy of Cosmetic Dentistry. In 2016, she was honored with Top 25 Women in Dentistry by Dental Products Magazine. She lectures on dentistry's role in treating patients with dental malocclusions that are comorbid with airway and sleep issues. As a visiting faculty mentor at Spear Education, she frequently mentors the Airway Workshop by Dr. Jeff Rouse.