

September is Recovery Month, and we are reaching out to request your support of the *Dr. Thomas H. Sullivan Substance Abuse Grant Program* — a program that has been instrumental in changing the lives of New York dental professionals grappling with substance abuse addiction.

As you know, the New York State Dental Association, through its <u>Committee on Substance Abuse and Well-Being</u>, has aided hundreds of dentists whose professional careers, families and very lives are threatened by addiction and substance use disorder. Having an advocate at the ready with judgement-free guidance has been transformative for many men and women.

For those who are seeking treatment but cannot afford the steep costs of inpatient rehabilitation, which can range anywhere from \$6,000-\$60,000, the New York State Dental Foundation steps in with funding available through the *Dr. Thomas H. Sullivan Substance Abuse Grant Program*.

Treatment interrupts the destructive cycle of addiction by providing an opportunity to address the root causes of addiction and empowers individuals to develop crucial coping skills to manage stress, cravings, and triggers without turning to substances. Thanks to the compassion and generosity of people like you, the Sullivan Grant Program has become a lifeline for dental professionals, helping them to conquer their illness and safely return to professional practice.

Please stand in solidarity with our dental family to build a foundation for sustainable recovery by contributing to the Sullivan Grant Program in honor of National Recovery Month. Your tax-deductible donation will ensure a pathway to healing for New York dentists that lack resources for treatment. As we unite in our commitment to supporting those in need, we create a brighter and more resilient community.

