Saratoga Dental Congress 2026

Wednesday, May 20 4pm –8:30pm

Wednesday May 20 Evening 4PM —8:30PM

** Wednesday Format **

4:30 PM	Check-in & Vendor Exhibit Open
5:00	4th District Member Meeting
5:30	Welcome Reception
6:00	CE *with* Bruce Christopher

WHY ARE WOMEN SO STRANGE & MEN SO WEIRD?
How to Communicate Effectively with the Opposite Sex in the Practice and at Home

Psychologist and humorist Bruce Christopher, America's foremost "Enter--Trainer". He has earned this distinction because of his high-energy style and humorous presentations.

Thursday, May 21 8am—4pm

Thursday May 21 8AM—4 PM all day

Dr. Peter Auster

Be Your Own Prosthodontist: Keep Big Cases in House

Jo-Anne Jones, RDH, FIADFE

Within Normal Limits...Or A Dangerous Assumption?

Dr. Jacob Dent

Inclusive Dentistry AM

Nothing Personal, But I Hate You PM

Thursday AM & PM **CPR** sessions with MedCourse

Saratoga City Center 522 Broadway Saratoga Springs, NY

Wednesday MAY 20

Bruce Christopher

WHY ARE WOMEN SO STRANGE & MEN SO WEIRD?

How to Communicate Effectively with the Opposite Sex
in the Practice and at Home

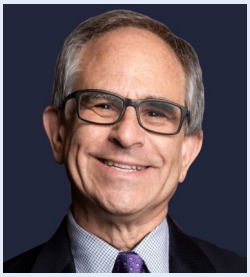
It is no doubt that communication runs your practice! *This course* takes a very humorous look at how men and women think, speak, and make decisions differently. This program will increase your "Practice Savvy" to make you more effective when communicating, motivating, managing or presenting between team members, patients, and doctors.

Certainly, dentistry is a co-ed effort; and you may not be as successful as you could be without understanding how to really communicate and connect with that opposite sex person on your team or in your chair.

Objectives *Apply strategies for increasing your communication effectiveness and success *Learn Ten Tips for getting better results when presenting to the opposite sex. *Maximize the inherent strengths of both men and women to empower the practice. *Defuse potential conflict situations by understanding the underlying gender-specific differences which "fuel the fire of fights." *Learn practical speaking tools for male and female colleagues to motivate and maximize their talents and skills. *Discover the Three R's for rapid deployment of a re-energized office

BIO Psychologist and humorist, Bruce Christopher is America's foremost "Enter--Trainer" today. He has earned this distinction because of his high-energy style and humorous presentation of his material. He is a licensed psychologist holding degrees in Professional Psychology and Interpersonal Communications from the University of Minnesota and the University of St. Thomas. 3CEs

Thursday MAY 21



Dr. Peter Auster

Be Your Own Prosthodontist: Keep Big Cases in House

We face difficult cases every day in our offices. We must determine where we "want to go" and how to reach that goal. A long-time Academy leader shares the tips and pathways to becoming the dentist you always dreamed you would be. Gain confidence today as we review multiple cases.

Objectives

Learn a systematic way to simplify and treat ANY case

How to phase cases for any budget with injection molding

How to determine which indirect material to use for each case

When to use deprogrammers as a diagnostic and therapeutic tool

How to attract more cosmetic patients and get your staff excited to encourage them

Appropriate uses for today's new Zirconias and brand-new cements

BIO Dr. Auster continues thirty-five years of cosmetic and reconstructive dentistry in his private practice in Pomona, NY. He has lectured from Portland, Maine, to Portland, Oregon, and internationally. Dr. Auster has written dozens of articles for major dental publications. His article, "Groundbreaking Composite Dentistry" was the cover story of Dentistry Today Magazine in February 2019, and he was named the cover story again in April 2022. Dr. Auster is a Fellow of the International College of Dentists and the American College of Dentists. He combines the latest technology, materials, and techniques in a free-moving, collaborative day, where attendee participation is embraced, and the tailored needs of the audience are honored. 3CEs AM and 3CEs PM

Thursday MAY 21

Jo-Anne Jones RDH

Within Normal Limits…….or A Dangerous Assumption?

Through a guided visual journey of inspiring and moving oral/oropharyngeal cancer stories of survivors and those who have lost their lives, learn the subtle life-saving symptoms and critical screening techniques that will increase our opportunity to save a life by translating acquired knowledge direct to practice! This is a presentation you will never forget.

The ability to save a life through earlier diagnosis is a gratification that may not be compared to anything we do in dentistry. In yet the complexities of clinical presentation do not always make this an easy task. WITHIN NORMAL LIMITS…a very bold and broad sweeping statement that definitively distinguishes between health and disease and in some cases, an outcome of life vs. death.

Learning Outcomes
•To identify the trending etiologic factors contributing to the escalation of oral and oropharyngeal cancer
•To explore the critical components and palpation techniques of today's extraoral/intraoral screening exam
•To identify the subtle and often lifesaving symptoms that can be so easily overlooked
•To integrate best practices to enhance our ability to discover abnormalities in the earliest stages
•To self-evaluate our present screening protocols and management of an abnormal finding

BIO A respected thought leader and international, award-winning speaker, Jo-Anne Jones has done over 1,000 presentations worldwide. Jo-Anne brings life, energy, and inspiration to all her presentations which has made her a sought-after lecturer in the dental community. Jo-Anne is a past honoree of DPR's Top 25 Women in Dentistry and joins the 2026 Dentistry Today CE Leaders for the 16th consecutive year. A 2021 Fellowship Award with the International Academy for Dental Facial Esthetics was presented to Jo-Anne for her contributions to the field of dentistry. 3CEs only AM session offered

*** CPR Thursday AM & PM sessions ***

Dr. Jacob Dent

AM: INCLUSIVE DENTISTRY Building a Team and Practice for Neurodiversity

Dentistry is not just about teeth. It is about the person and their environment that can make or break the experience for a patient at the dentist. In an outsidethe-box workshop, Dr. Dent offers alternatives for creating a sensory-friendly dental practice and team. 3 CEs AM

Objectives **Review all 8 senses *Discuss alternative options to adapt the dental environment to be more sensory-friendly *Discuss non-invasive dental treatment options & materials

PM: NOTHING PERSONAL, BUT I HATE YOU

A practical approach to treating patients with anxiety in the dental office. Dental anxiety remains one of the most common barriers to effective oral healthcare, affecting both patients and practitioners. This course provides a practical approach to recognizing, understanding, and managing anxiety in the dental setting. Participants will learn how anxiety affects mental, systemic, and oral health. 3 CEs PM

Objectives *Identify psychological and physiological signs of dental anxiety in patients. *Integrate behavioral and environmental modifications to promote a calm clinical atmosphere. *Evaluate the role of pharmacologic options in anxiety management *Review non-invasive treatments and alternative solutions.

BIO Dr. Jacob Dent is an outside-the-box general dentist and speaker. In practice for 22 years and a multi-practice owner, Dr. Dent has built a successful career treating patients of all ages and disabilities in a non-conventional way using desensitization. Dr. Dent is a fellow of the Academy of Dentistry International, clinical director for Special Olympics Special Smiles, and Co-founder of Dental Desensitization Systems. Dr. Dent is married to his wife Jennifer, father to his daughter Jayden, and son Ethan, who has Autism.

Fourth District Dental Society
475 Broadway PO Box 302
Saratoga Springs, NY 12866
(518) 371-1114

ADA C·E·R·P® | Continuing Education Recognition Program

The Fourth District Dental Society is an ADA CERP recognized provider approved by the New York State Dental Association.

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP

4th District 2026 Officers

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Dr. Katherine Guilfoyle—Vice President

Dr. Crystal Arpei-McHugh—Secretary

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Immd. Past President—Dr. Jennifer Kluth

P: 518-371-1114 | F: 518-851-1601

www.4thdds.org | office@4thdds.org

Hotel Block

HOLIDAY INN
SARATOGA COURTYARD
SARATOGA HILTON

Register

- Registration ONLINE REGISTRATION

Pre-register by credit card or by mailing a check with the course registration form to our district office. Details on our website www.4thdds.org

- Wednesday Evening Schedule

4:30 Check-in & Vendor Exhibit Open
5:00 4th Member Meeting / Vendor Exhibit
5:30 Welcome Reception
6:00 Lecture & Discussion

- Thursday Schedule—full day*

7:30 Check-in & Vendor Exhibit Open
8:30 Morning lecture begins
12:00 Lunch break Exhibition Hall Open
1:00 Afternoon lecture session

Lite breakfast & lunch included

New York State and the State's Department of Health continue to strongly recommend mask-wearing in all public indoor settings as an added layer of protection . Immunization proof and/ or mask wearing may be required. All conditions subject to change.

SDC Registration Form

	Registration	After April 27
ADA Member Dentist	Wed: $100 Thurs.: $350 Both $425	additional $25 late fee
Auxiliary (RDH, CDA, DA & S)	Wed: $100 Thurs: $175 Both $250	additional $25 late fee
Retired 4th Dr.	Wed: $100 Thurs: no charge, **must register**	additional $25 late fee
Non-Member Dentist	Wed: $200 Thurs: $450	additional $25 late fee
Register for CPR *only*	$135 pp **no meals included*	$155 pp **no meals included*
Resident/Student	Wed: $30 Thurs: no charge, **must register**	

NAME / OFFICE_____ ADA# _____

ADDRESS _____ CITY _____ ZIP _____

EMAIL _____PHONE_____

☐ CHECK ENCLOSED

☐ CARD # _____EXP ____/____ CODE _____ BILLING ZIP _____

WEDNESDAY MAY 20

EVENING RECEPTION/ VENDOR HALL open 5PM *plus* COMEDY w CONTENT w BRUCE CHRISTOPHER 6-9PM 3CEs

NAME on BADGE	Email	CATEGORY	FEE
_____	_____	_____	$ _____
_____	_____	_____	$ _____
_____	_____	_____	$ _____
_____	_____	_____	$ _____
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_____	_____	_____	$ _____

*__CATEGORY:__ __D__: Dentist __RDH__: Registered Dental Hygienist __CDA__: Cert. Dental Asst. __DA__: Dental Assistant __S__: Staff *

THURSDAY MAY 21

|————— **Select (1) AM & (1) PM course** —————|

NAME on BADGE	*CATEGORY	Dr. Auster	JoAnne Jones	Dr. Dent	CPR	FEE
_____	_____	AM☐ PM☐	AM☐	AM☐ PM☐	AM☐ PM☐	$ _____
_____	_____	AM☐ PM☐	AM☐	AM☐ PM☐	AM☐ PM☐	$ _____
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Wednesday 3 CEs

Thursday CEs 3 -AM 3-PM

Hotel Blocks

HOLIDAY INN $139

SARATOGA COURTYARD $169

Send Check:

Fourth District Dental Society

PO Box 302

Saratoga Springs, NY 12866

TOTAL $_____

Online registration link

WWW.4THDDS.ORG

FAX 518. 851. 1601

New York State and the State's Department of Health continue to strongly recommend mask-wearing in all public indoor settings as an added layer of protection . Immunization proof and/ or mask wearing may be required. All events and requirements subject to change or cancellation.